



Injured Jockey Fund Price List

Charges reflect the charitable objects of the Injured Jockeys Fund and are therefore categorised as detailed below:
The Injured Jockeys Fund (IJF) helps any rider who holds, or has held, a Professional or Amateur Licence issued by the British Horseracing Authority.

Scale A:

- Currently licensed professional jockeys (flat/apprentice/jump/conditional)
- IJF Beneficiaries

Scale B

- Retired jockeys (professional, amateur, P2P, ARO)
- All currently licenced amateur jockeys (Inc. P2P Riders/ARO)

Scale C

- Stable Staff
- Racing Welfare
- Racing Industry (e.g. vets, farriers, charity riders)

Scale D

- Non Racing
- Other Sports

SCALE A				
Physiotherapy (including hydrotherapy)	No Charge			
Gym Rehabilitation	No Charge			
Strength and Conditioning	60 Minutes	45 Minutes		
	£40.00	£30.00		
Strength and Conditioning - Group Session (Gym members)	No Charge			
Alter G (Oaksey House)	No Charge			
Sports Therapy Massage	No Charge			
Clinical Psychologist	No Charge			
Gym membership	12 Months	6 Months	3 Months	1 Month
	£150	£100.00	£80.00	£30.00
£15 per month if paid by standing order				

SCALE B				
Physiotherapy (including hydrotherapy)	Initial Assessment	First Follow Up	Follow Up Sessions	Follow Up Sessions
	(45 minutes)	(30 minutes)	(45 minutes)	(30 minutes)
	No Charge	No Charge	£35.00	£25.00
Gym Rehabilitation	60 Minutes	45 Minutes	30 Minutes	
	£40.00	£30.00	£20.00	
Strength and Conditioning	60 Minutes	45 Minutes		
	£40.00	£30.00		
Alter G (Oaksey House)	30 Minutes	Packages		
	£10.00	By arrangement		
Sports Therapy Massage	45 Minutes	30 Minutes		
	£30.00	£20.00		
Clinical Psychologist	By arrangement			
Gym membership	12 Months	6 Months	3 Months	1 Month
	£150.00	£100.00	£80.00	£30.00
£15 per month if paid by standing order				

SCALE C				
Physiotherapy	Initial Assessment	Follow Up	Follow Up	
	(45 minutes)	(45 minutes)	(30 minutes)	
	£40.00	£40.00	£30.00	
Gym Rehabilitation	45 Minutes	30 Minutes		
	£35.00	£25.00		
Strength and Conditioning	60 Minutes	45 Minutes		
	£45.00	£35.00		
Alter G (Oaksey House)	30 Minutes	Packages		
	£20.00	By arrangement		
Sports Therapy Massage	45 Minutes	30 Minutes		
	£35.00	£25.00		
Gym membership	12 Months	6 Months	3 Months	1 Month
	£200.00	£120.00	£90.00	£30.00
£20 per month if paid by standing order				



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SCALE D				
	Initial Assessment	Follow Up	Follow Up	Follow Up
	(45 minutes)	(60 minutes)	(45 minutes)	(30 minutes)
Physiotherapy	£45.00	£60.00	£45.00	£35.00
Gym Rehabilitation	45 Minutes £40.00	30 Minutes £30.00		
Strength and Conditioning	60 Minutes £60.00	30 Minutes £30.00		
Alter G (Oaksey House)	30 Minutes £20.00	60 x 30 Minutes £100.00	Packages By arrangement	
Sports Therapy Massage	45 Minutes £40.00	30 Minutes £30.00		
Gym membership	12 Months £300.00	6 Months £150.00		

Equicizer Training	
Equicizers can only be used under supervision by a member of the rehab team or a BHA Registered Jockey Coach	
Professional Jockey (Full, Conditional and Apprentice)	No Charge
Riders with gym membership	No Charge
All other riders	£5.00

Nutrition Sessions	
Scale A and Scales B licence holders	No charge
All other scales	By prior arrangement with nutritionist at cost

Classes		
Mobility Class	All Scales	Free with annual gym membership
Mobility Class	All Scales	£10 per session
Race Ready Circuits	All Scales	Free with annual gym membership
Race Ready Circuits	All Scales	£5 per session
Pilates (Jack Berry House)	Scale A,B,C	£42 for 6 sessions
Pilates (Jack Berry House)	Scale D	£48 for 6 sessions

Other rehabilitation packages by arrangement

To apply for charitable support to meet any charges contact your IJF almoner or ask a member of the team